Nutrients per serving

Grilled Club Sandwich300

Number of Servings: 300 (135.94 g per serving)

| Amount Mea | sure Ingred | ient |
|------------|-------------------|---|
| 36.00 lb | | ottom round roast, lean, rstd, 1/8" trim |
| 19.17 lb | Cheese skim, s | e, mozzarella, low moist, part lice |
| 600.00 pce | Bread, | whole grain, slice |
| 600.00 ea | Cookin spray | g Spray, butter flvr, 1/3 sec |

| Nutri | | ıra | cts |
|---------------------------------------|--------------|--------------|-----------------|
| Serving Size | | | |
| Servings Pe | r Contain | er | |
| Amount Per Se | rving | | |
| Calories 32 | 0 Calor | ies from | Fat 100 |
| | | % Da | ily Value |
| Total Fat 11 | 17% | | |
| Saturated | | 25% | |
| Trans Fat | 0g | | |
| Cholesterol | 50mg | | 17% |
| Sodium 390 | lmg | | 16% |
| Total Carbo | hydrate : | 24g | 8% |
| Dietary Fi | ber 4g | | 16% |
| Sugars 3g | 3 | | |
| Protein 30g | | | |
| Vitamin A 29 | /a • ' | Vitamin (| 0% |
| Calcium 25% | 6 • 1 | Iron 15% | |
| *Percent Daily V | alues are ba | sed on a 2.0 | 000 calorie |
| diet. Your daily v depending on yo | | | ower |
| depending on yo | Calories: | 2,000 | 2,500 |
| Total Fat | Less than | 65g | 80g |
| Saturated Fat | | 20g | 25g |
| Cholesterol | Less than | 300mg | 300 mg |
| Sodium Total Carbohydra | Less than | 2,400mg | 2,400mg 375g |
| Dietary Fiber | atte | 300g 25g | 375g 30g |
| | | | |

Instructions

Food Handling:

- Wash hands immediately before engaging in food preparation and again after engaging in any activities that contaminate the hands.
- Single gloves should be used for only one task and then discarded.

Cooking:

- Cook to an internal temperature of 155 F for 15 seconds.

Holding:

- Hold for hot service at an internal temperature of 135 F or higher.

Spread out bread slices and spray with nonstick cooking spray and then turn half the pieces over.

Place 2 oz thinly sliced roast beef and 1 oz mozzarella cheese on 1/2 the bread slices, cover with other slices so the spray is on the outside of each sandwich.

Place sandwich on heated griddle or skillet and brown on each side. Serve hot off the griddle.

7/20/2008 4:16:53PM Page 1 of 1